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○

www.musiccitycounselor.com

ASCA Mindsets & Behaviors:

Category 1: Mindset Standards

- M1: Belief in development of whole self, including a healthy balance of mental, social-emotional, and physical well-being

Category 2: Behavior Standards

- B-LS 10: Participation in enrichment and extracurricular activities.
- B-SMS 2: Self-discipline and self-control.
- B-SS 6: Effective collaboration and cooperation skills.
- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.

Directions:

This lesson takes approximately 45 minutes to teach in this order:

- Review the PowerPoint presentation
- Play the sorting mat scenario game
- Complete a coloring page or worksheet of your choice

POWERPOINT:

This presentation teaches all about sportsmanship and how to be a team player. First, students will hear a story about a boy named Henry who struggles with making unkind and disrespectful choices on the soccer field. With the help of his teammates and coach, he learns an important lesson about sportsmanship, and how being a team player is even more important than winning. Then, students learn what sportsmanship means and practical ways they can be a good sport and positive team member. Two opportunities for turn and talk are included in which students can share with a neighbor sitting next to them, and/or with the class.

POSTER:

The sportsmanship poster serves as a nice review on how to be a good sport. You can go through it with students after the PowerPoint presentation, and/or display it in your space!

Directions:

SORTING GAME:

Materials Needed: sorting game mat, cut out scenario cards

After the PowerPoint presentation, I recommend playing the sorting mat game with students. Both full color and black/white materials are included. First, please print the sorting mat and scenario cards. Next, cut out the scenario cards. If you are using this activity with a large group of students, I recommend projecting the materials onto a screen or smart board. To play, students take turns grabbing a scenario card and reading it to the class (or the educator can read it aloud). Then, the student decides if the scenario shows a "good sport" choice or a "poor sport" choice. If the scenario shows a "good sport" choice, they can place it on the left side of the mat that says, "good sport." If the scenario shows a "poor sport" choice, they can place it on the right side of the mat that says, "poor sport." Feel free to generate discussions with students about the scenarios and relate them back to their own lives.

COLORING PAGES & WORKSHEETS:

Several options for coloring pages and worksheets are included. Please choose those that best fit the needs and abilities of your students.

Sorting Game Sample:



Sportsmanship Poster:

I CAN SHOW GOOD SPORTSMANSHIP!

Have a positive attitude!

Give my best effort!

Be respectful to my coach and referee!

Play by the rules!

Be kind, welcoming, and respectful to the other team!

Say "good game!" and shake hands or high five the other players after the game!

Stay calm and proud no matter if I win or lose!

Be kind to my teammates when they miss or lose!

Help another player if they fall down or get hurt!



Sorting Game Mats:

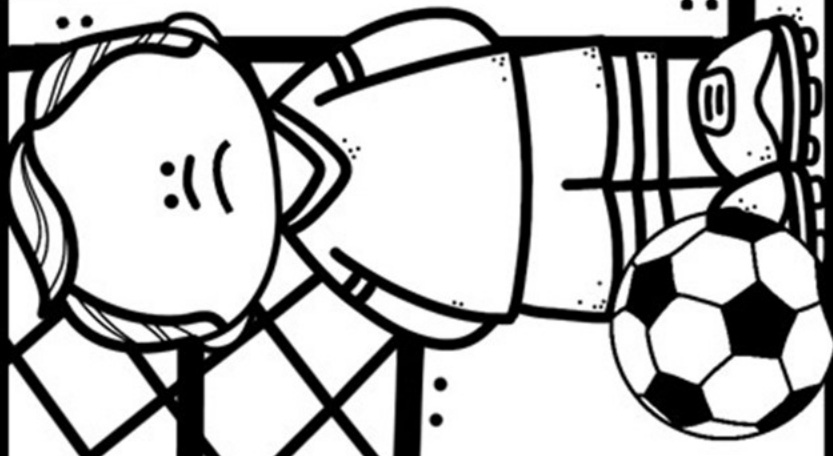
GOOD
SPORT



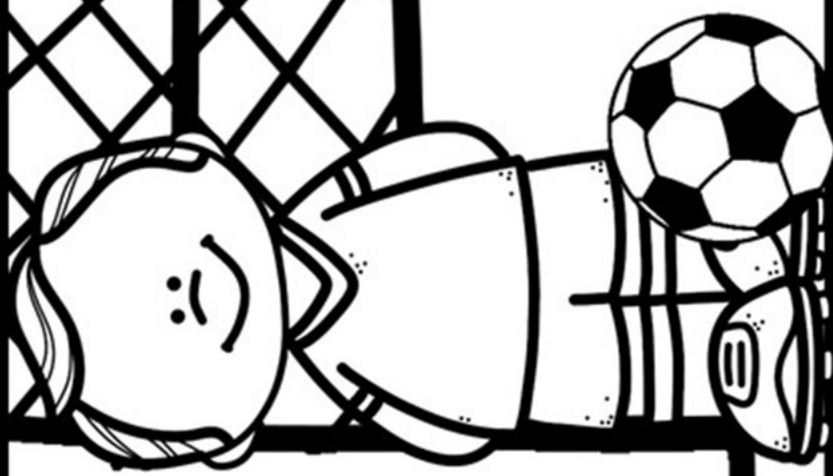
POOR
SPORT



**POOR
SPORT**



**GOOD
SPORT**



Scenario Cards:

Even though Josie really wanted to be team captain, she congratulated Cole when he was chosen.



© Music City Counselor

Jack threw the ball across the room when he missed the shot.



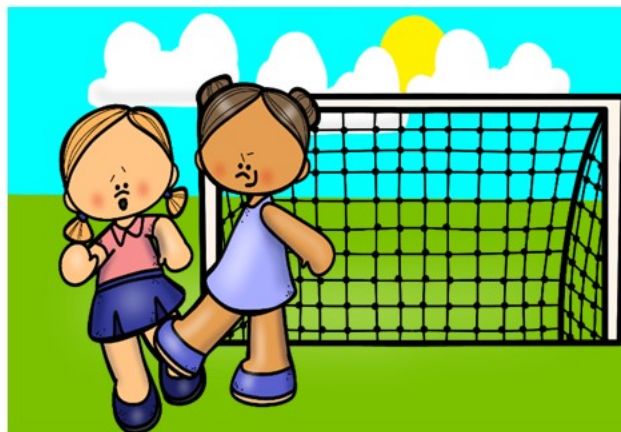
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Tabitha said, "Good game!" to the other team's captain after her team lost.



© Music City Counselor

Juana tripped another player on purpose on the soccer field.



© Music City Counselor

Edwin got 3rd place in the race and fist bumped the 1st place winner.



© Music City Counselor

When Kenny's coach asked him to sit on the bench, he called his coach a mean name and stormed off.



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Jackson made sure that everyone got a turn on the monkey bars.

© Music City Counselor

I'm not it!



Crystal got tagged but said, "No, you didn't tag me!" and refused to be it.

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When Alex's coach showed him a new way to kick the ball, he said, "Thanks coach! I'll try that!"

© Music City Counselor

When Leslie's teammate missed the ball, she said, "Good try! You'll get it next time!"



Good try!

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When Jonathan lost the tennis match, he threw his racket so hard that it broke.



© Music City Counselor



Tricia's dance team lost the competition, but she still felt really proud of their hard work.

© Music City Counselor

When Oscar's teammate missed the shot, Oscar shouted, "You'll get it next time, buddy!"



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Kenny made the soccer team, but his best friend didn't. He said, "Ha! I always knew I was a better player than you!"



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Kendra's kickball team had scored 4 runs, but she told everyone they had scored 6 runs.



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Ke'Aria scored the winning basket and Yamil shouted, "YES! You did it!"



© Music City Counselor

The referee told Brianna she needed to sit out for double dribbling, so she calmly sat on the bench.



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Juan Carlos drew a picture for his coach to thank her for her hard work.



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When Debbie's team lost the tournament, she grabbed the 1st place winner's trophy and threw it on the ground.

© Music City Counselor



Kaleb really wanted to play 1st base today, but he knew that Horatio did, too. So, he let Horatio play 1st base and he played 2nd base instead.

© Music City Counselor



Timothy got so angry when he lost the race that he yelled, "This is so unfair! I'm never running again!"

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When Zara won the "Most Valuable Player" trophy, Carla and Janell hugged her.



© Music City Counselor



When Lorena fell down at soccer practice, Tia helped her up.

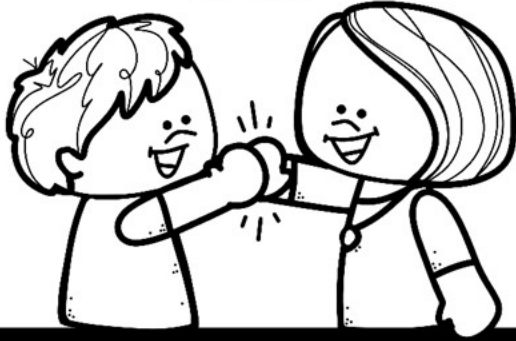
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Sammy and Finn worked together during the three-legged race at field day.



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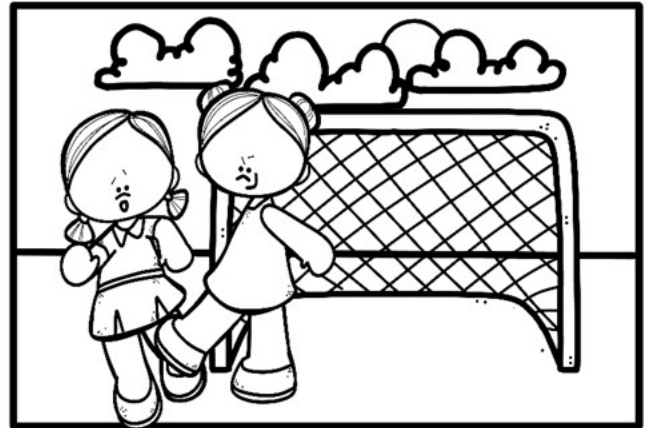
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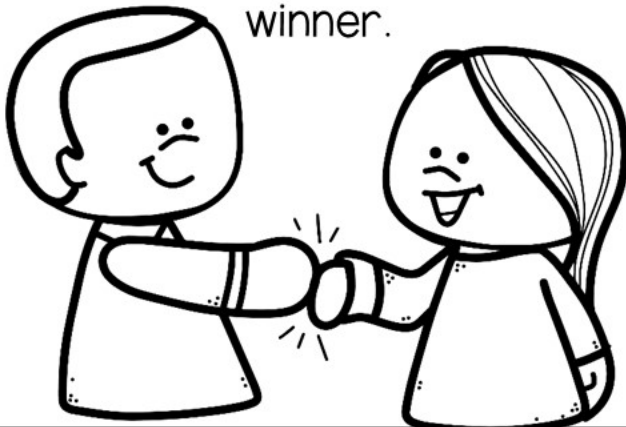
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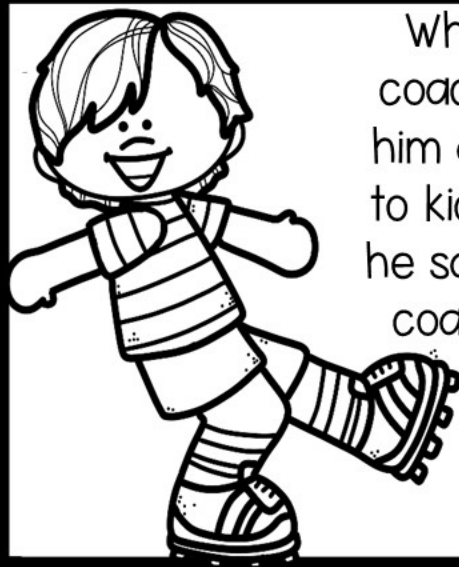
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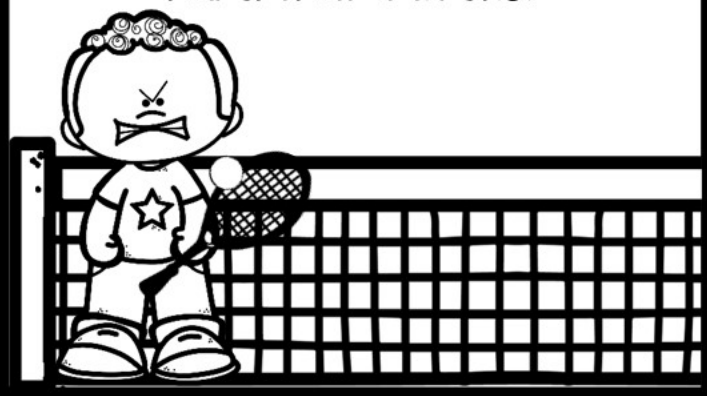
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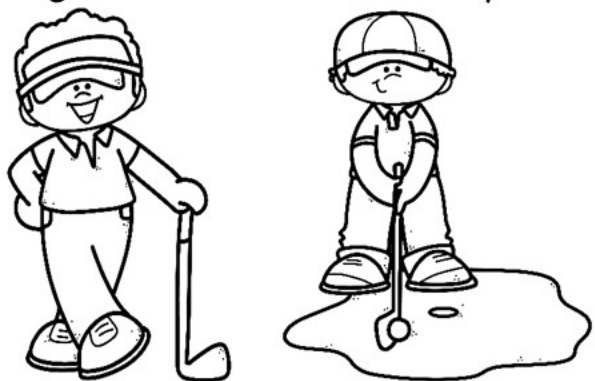
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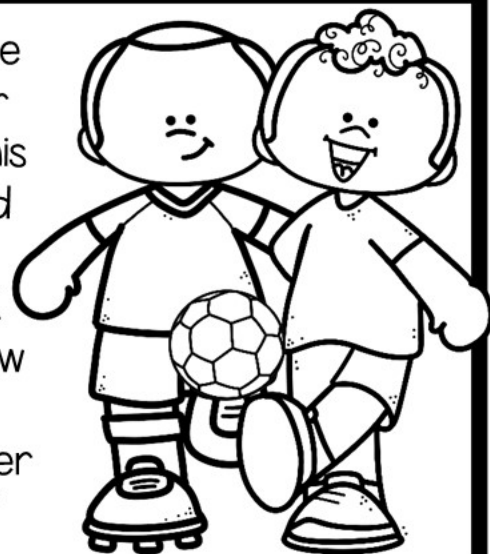
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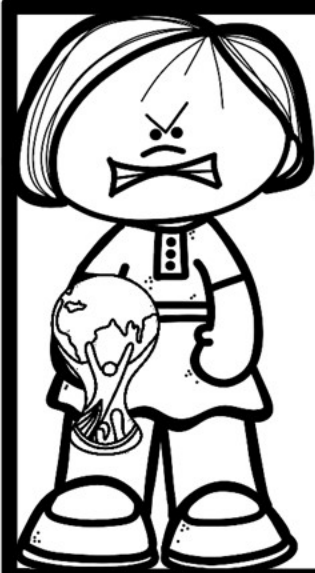


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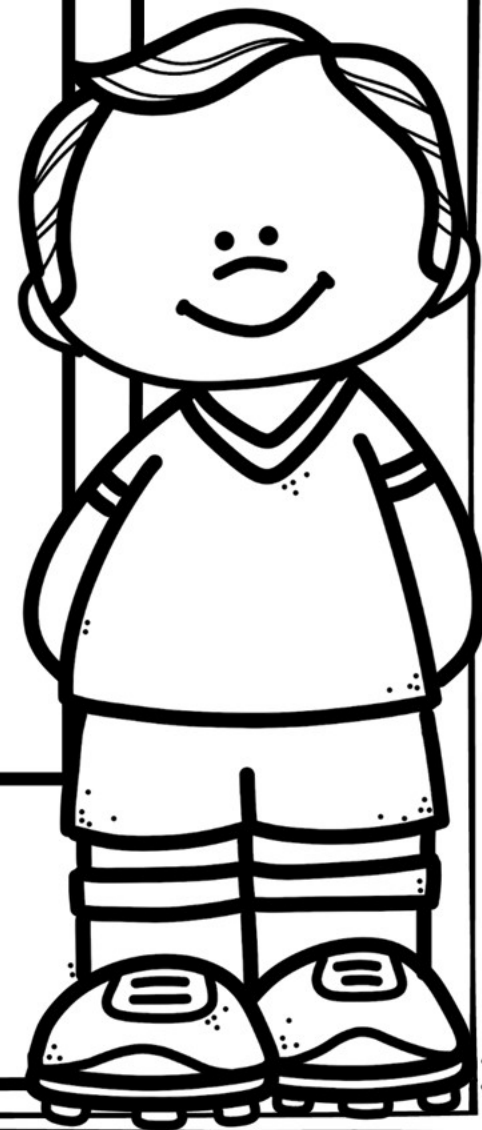


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Worksheets:

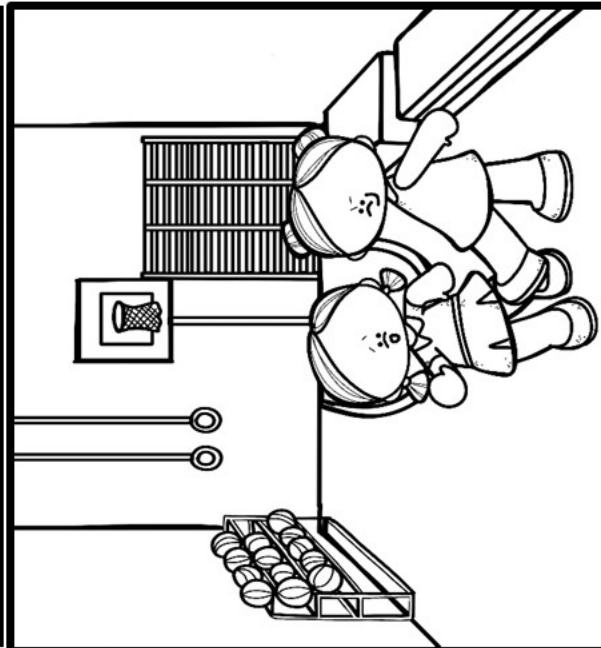
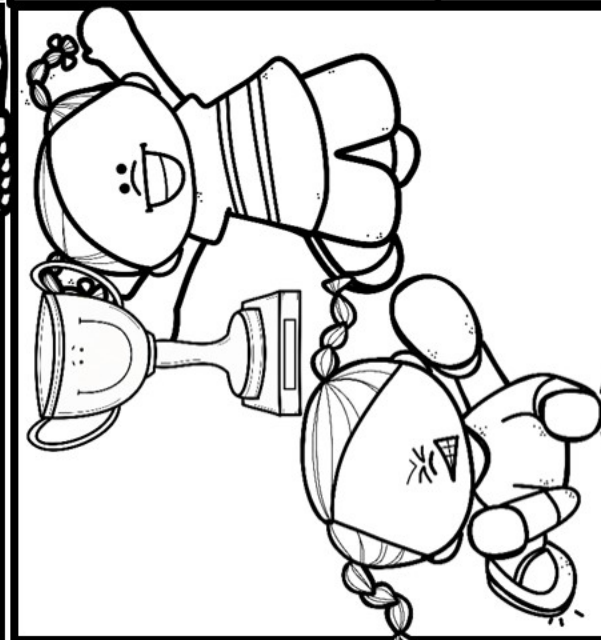
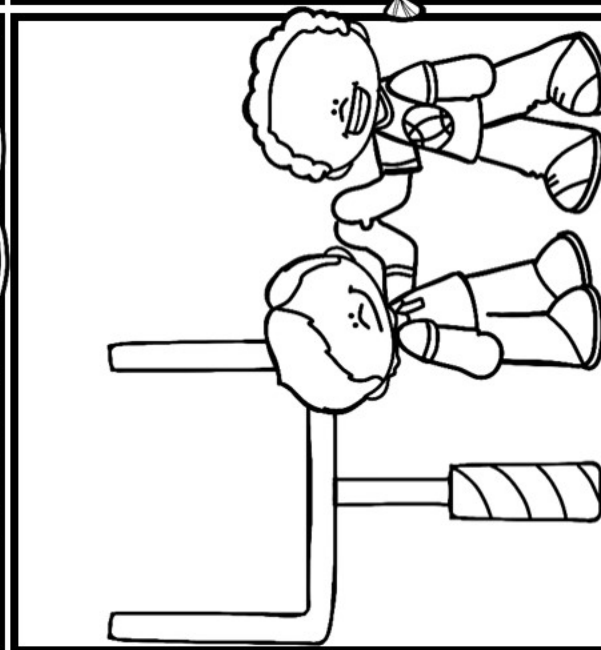
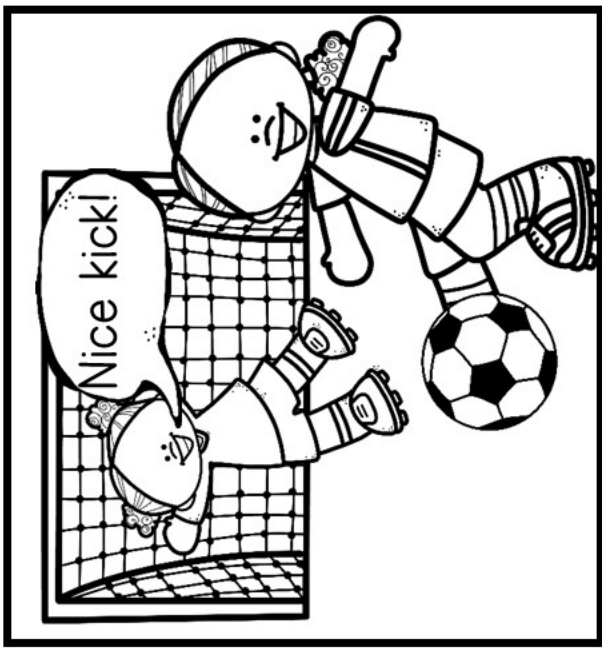
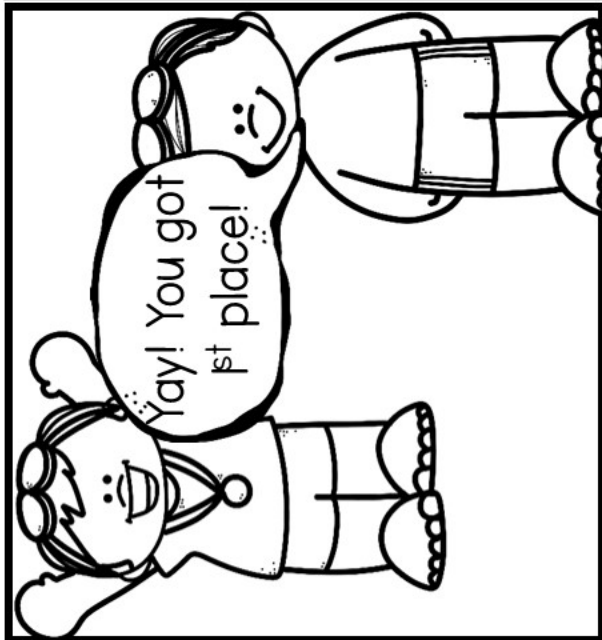
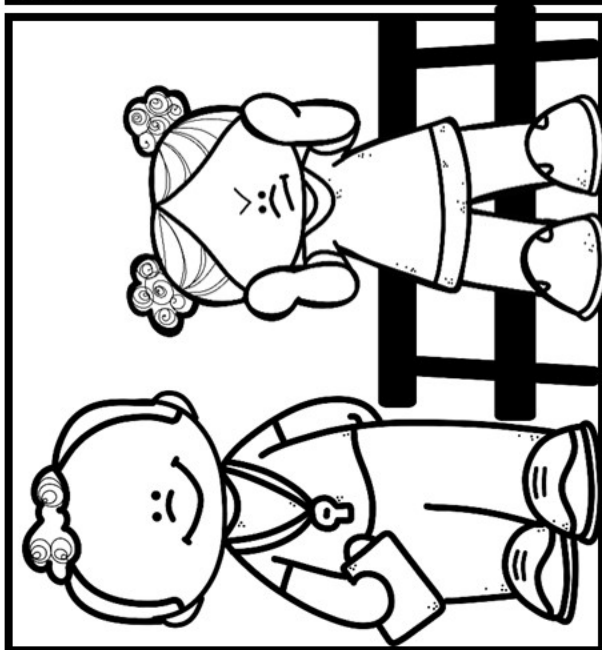
Name: _____

I was a **GOOD SPORT** when...



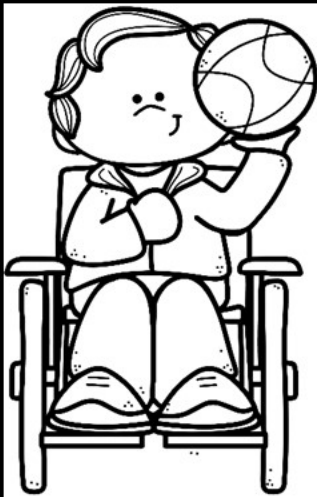
Name: _____

Color the pictures that show GOOD SPORTSMANSHIP.



Name: _____

How could you be a **GOOD SPORT** in these situations?



Thomas is
hogging the
ball.



Maria won the
medal that you
hoped to win.

Your brother is cheating
at the card game.

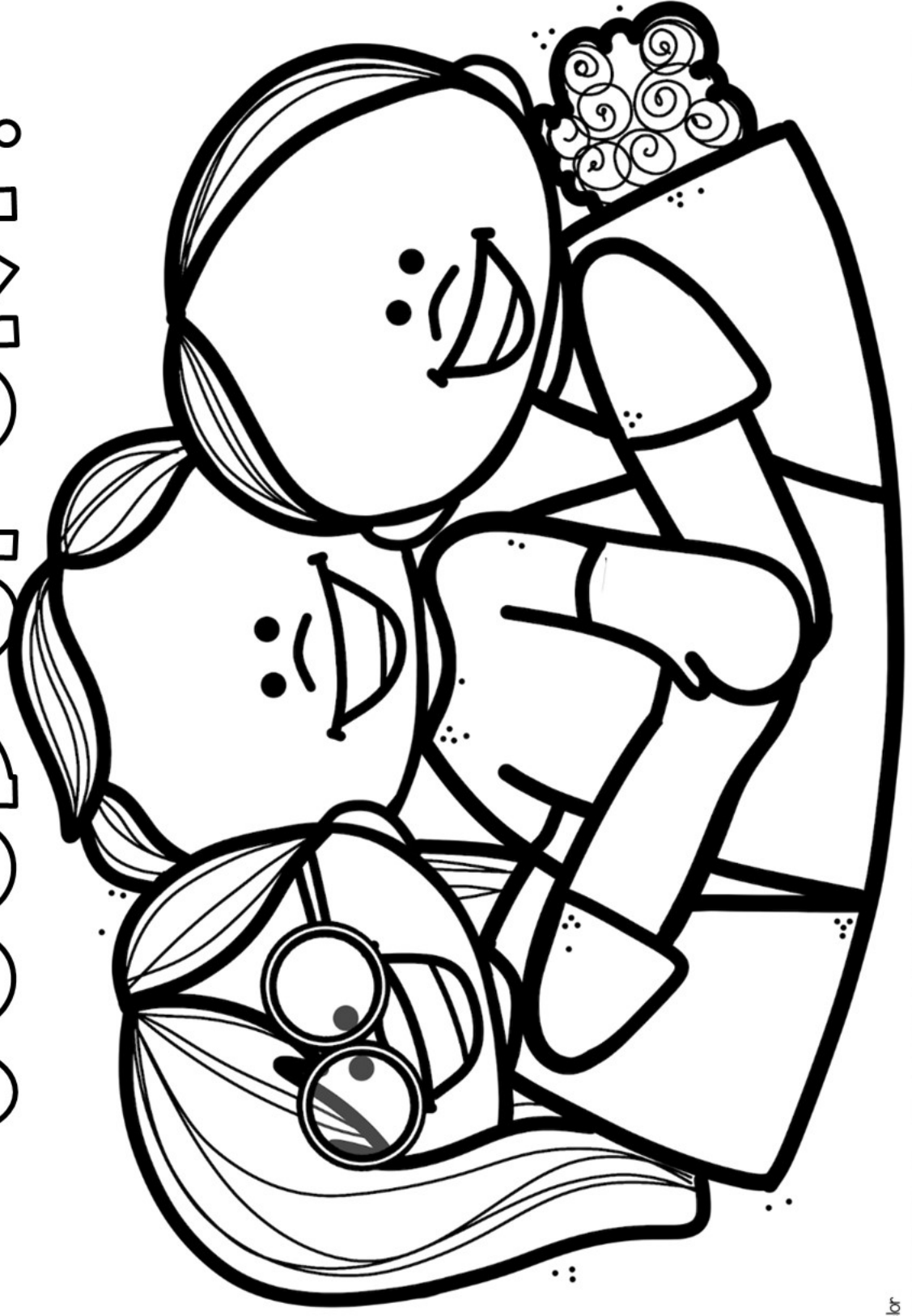


Your coach asked you to
sit on the bench for this
game.



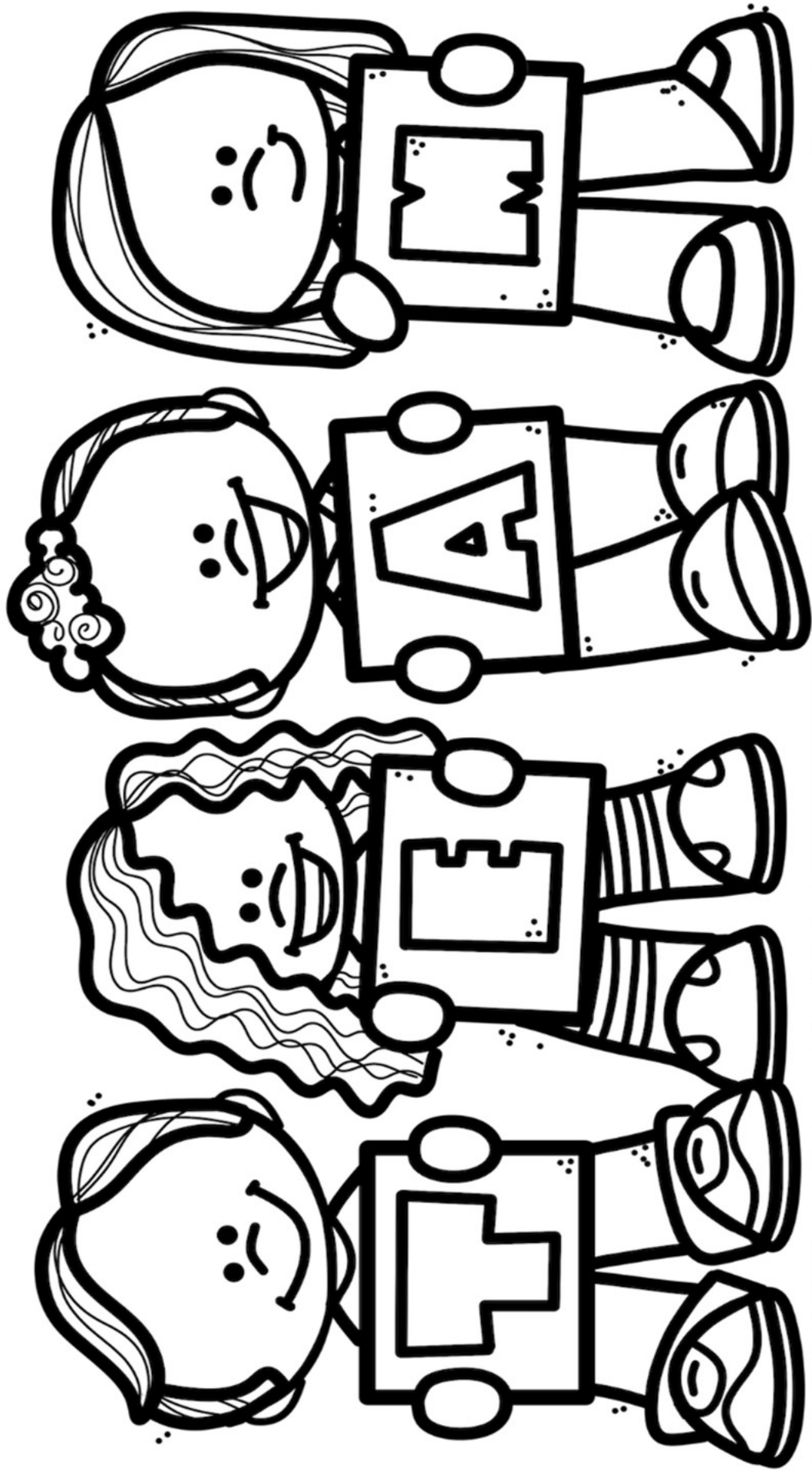
Name: _____

I am a GOOD SPORT!



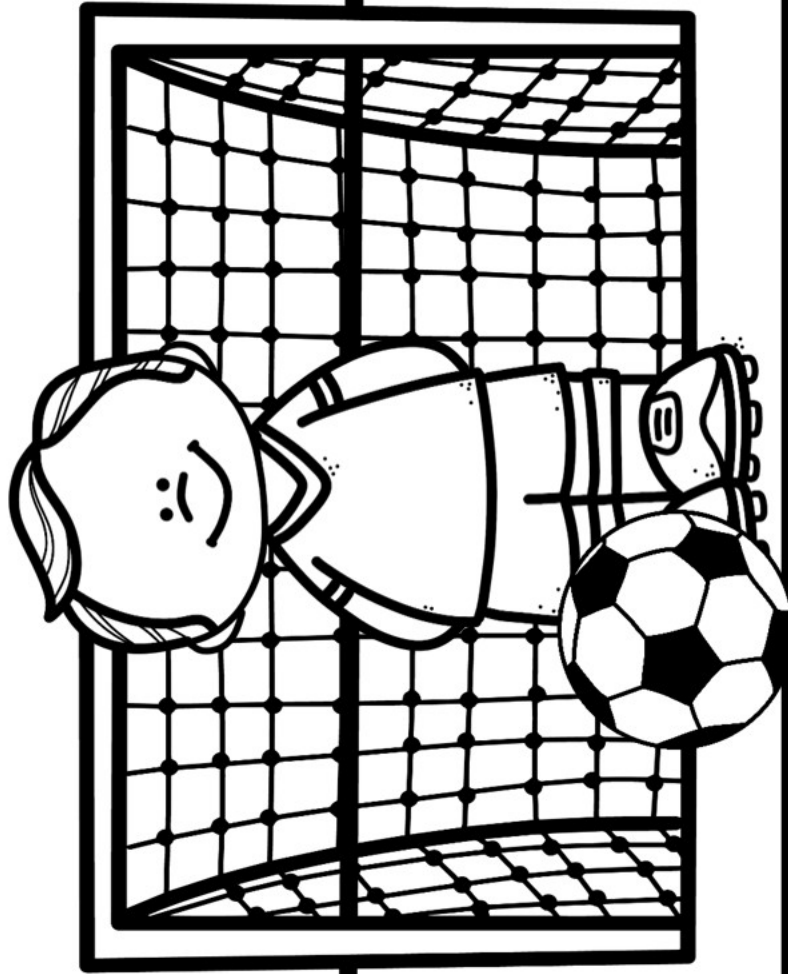
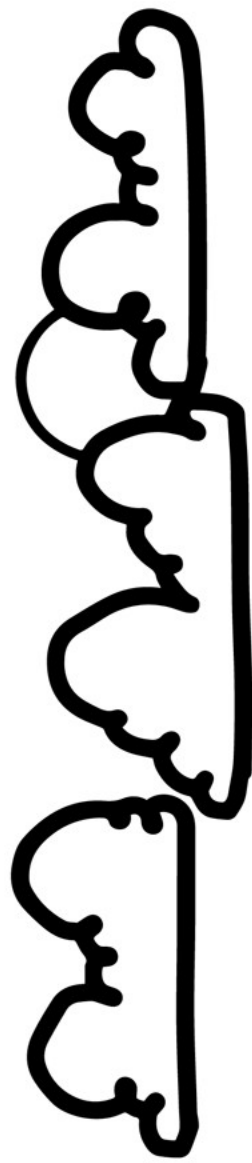
Name: _____

I am a TEAM PLAYER!



Name: _____

I am a
GOOD SPORT!



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